

NCFE CERTIFICATE IN UNDERSTANDING MENTAL HEALTH, LEVEL 2

OVERVIEW

Would you like the flexibility of blended / distance learning and still achieve a qualification in mental health?

The course is designed to increase learners' knowledge and understanding of mental health and mental wellbeing. Successful completion of the units required will allow the learner to develop in-depth knowledge and understanding of mental health. It will also support progression into relevant employment within the health and social care sector.

This qualification will focus on the study of mental health and mental wellbeing to support different occupational areas and offer breadth and depth of study, incorporating a key core of knowledge and understanding.

Units covered:

- Understanding mental health
- Understanding stress
- Understanding anxiety
- Understanding phobias
- Understanding depression
- Understanding postnatal depression
- Understanding bipolar disorder
- Understanding schizophrenia
- Understanding dementia
- Understanding eating disorders
- Understanding Attention Deficit Hyperactivity Disorder – ADHD
- Understanding Obsessive Compulsive Disorder – OCD
- Understanding Post-Traumatic Stress Disorder – PTSD

ENTRY REQUIREMENTS

There are no specific prior qualifications needed to access this qualification, although learners may find it useful to have previously achieved a Level 1 qualification in a health, social care or mental-health

www.stc.ac.uk

0191 427 3500

info@stc.ac.uk

 **[/SouthTyneCollege](https://www.facebook.com/SouthTyneCollege)**

 **[/South Tyneside College](https://www.youtube.com/SouthTynesideCollege)**

 **[@SthTyneCollege](https://twitter.com/SthTyneCollege)**

 **[/southtynesidecollege](https://www.instagram.com/southtynesidecollege)**

related area.

Once you have applied, you will be invited in for an interview.

ASSESSMENT

To achieve the Level 2 Certificate in Awareness of Mental Health Problems, learners must successfully demonstrate their achievement of all learning outcomes and assessment criteria of the units as detailed in the qualification specification. Grades are not awarded.

The Level 2 Certificate in Awareness of Mental Health Problems is internally assessed.

PROFESSIONAL OPPORTUNITIES

Completion of this course provides a continued professional development opportunity and could lead to further study within the health and care sector. Potential employment opportunities may include; care assistant in residential settings or supported living, healthcare support workers in community and primary care environments and healthcare assistants in acute health environments.

DATES & FEES

Contact us for current course dates and fees.

www.stc.ac.uk

0191 427 3500

info@stc.ac.uk

 [/SouthTyneCollege](https://www.facebook.com/SouthTyneCollege)

 [/South Tyneside College](https://www.youtube.com/SouthTynesideCollege)

 [@SthTyneCollege](https://twitter.com/SthTyneCollege)

 [/southtynesidecollege](https://www.instagram.com/southtynesidecollege)