

# DEMENTIA AWARENESS (INTERACTION/INCLUSION)

## OVERVIEW

As a person's dementia develops, it is likely to have an impact on their ability to carry out certain activities. However, it is important to remain active, including maintaining everyday skills and to be involved in society.

People with dementia are at risk of being excluded from interactions and society. This course aims to increase the awareness of inclusion and how the person with dementia can continue to take part in everyday tasks and activities to maintain their quality of life.

- **Introduction to the different types of dementia. Understanding inclusion and its importance to health and well-being.**
- **The person centred approach to dementia.**
- **How a person with dementia is at risk of exclusion.**
- **The importance of involving individuals with dementia in a range of activities.**
- **Guest speaker from the Alzheimer's Society; activities and services available in South Tyneside.**
- **How to involve a person with dementia in activities and interactions and evaluation of course.**

Each session will last two hours.

## ENTRY REQUIREMENTS

No formal entry requirements.

## PROFESSIONAL OPPORTUNITIES

After successful completion of the course, you will have a better understanding of dementia and the best ways to communicate. You may wish to apply for the Certificate in Principles of Dementia Care Level 2. (Part-time course)

## DATES & FEES

Contact us for current course dates and fees.

[www.stc.ac.uk](http://www.stc.ac.uk)

